

Attitude of Gratitude

Since Athens and Greece are so much in the news with the upcoming Olympics, I was drawn to this story:

The Greek philosopher, Socrates, was sitting by the roadside one day, when he was approached by a traveler making his way towards Athens. The traveler asked: "What sort of people live in Athens?" So Socrates asked him: "What sort of people live in *your* own town?"

"Awful," the traveler said. "They are horrible, lying layabouts." And Socrates replied: "I am *sorry* to tell you that you will find the people of Athens to be just the same as you have found your own people."

Soon another traveler came by, who also asked: "What sort of people live in Athens?" And Socrates asked him: "What sort of people live in *your* own town?" "Marvelous people," the second traveler said; "kind, generous, friendly, honest people." Socrates smiled and said: "I am *pleased* to tell you that you will find the people of Athens to be just the same as you have found your own people!"

Examine your attitude. As these last days as a senior are upon you, are you filled with a positive outlook? A negative outlook? Sometimes seniors are so focused on the things that they have developed a distaste for that they overlook the positives. Perhaps developing the "attitude of gratitude" is the most important assignment due before graduation.

**Lord, we come before you as we are.
We ask you to take away from us
all that makes us less than human.
Strengthen us
with the power of your Spirit
that our attitude and outlook
may develop,
and our "way of looking"
may become more like yours.
Help us to remain positive -
encouraging and appreciating
one another,
looking upon people
in the same way that you do.
Amen.**

Thanks for Brother Nicholas Hutchison at www.prayingeachday.org for the reflection

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